







The **Hawai'i Tobacco Quitline** offers **FREE** evidence-based programs to help your patients quit all forms of tobacco use and vaping on their own terms. Each program offers a custom quit plan, counseling from specialized coaches, engaging materials, unlimited inbound calls for support, and coaching via e-chat. Eligibility and unique program features are outlined below.

 Program	 Eligibility Requirements	 Coaching Calls	 Nicotine Replacement Therapy (NRT) Supply	 Incentives	 Enrollment
NRT Starter Kit	Age 18 and over	1 follow-up support call	2-week supply of patches, gum, or lozenges	None	
General	Age 18 and over, ready to quit in 30 days	5 coaching calls	Quantity based on insurance status	None	
Planning to Become Pregnant	Age 18 and over, planning to become pregnant	5 coaching calls with a specialized female coach	Quantity based on insurance status	None	1-800-784-8669 HawaiiQuitline.org
Pregnant and Postpartum	Age 18 and over, who are pregnant or postpartum	5 coaching calls during pregnancy and 4 calls postpartum with a specialized female coach	Quantity based on insurance status with physician consent	\$20 for each call during pregnancy and \$30 for each call postpartum	
Behavioral Health Program	Age 18 and over, self-identifies as living with anxiety, depression, schizophrenia, ADHD, PTSD, bi-polar disorder, or substance-use disorders	7 coaching calls with a coach trained on behavioral health issues	Quantity based on insurance status	None	
Young Adult Program	Young adults, 18-24 years old	5 coaching sessions via live text, e-chat, or phone with a coach trained on working with young adults	Quantity based on insurance status	None	1-800-784-8669 HawaiiQuitline.org Text "Start My Quit" to 36072
My Life, My Quit Youth Program	Youth, 17 years of age and younger	5 coaching sessions via phone, live text, or e-chat with a specially trained coach	None	Incentives after 1st, 3rd, and 5th calls <i>*Incentives available for phone enrollment only.</i>	1-855-891-9989 MyLifeMyQuit.org Text "Start My Quit" to 36072

** Provision based on medical eligibility*

Stand-alone web only, text, and email support services are also available for your patients who do not wish to enroll in a coaching program but could benefit from additional support or wish to supplement their own coaching programs.

Insured	2 weeks of patches, lozenges, gum, or combo*
Medicaid	4 weeks of patches, lozenges, gum, or combo*
Uninsured	8 weeks of patches, lozenges, gum, or combo*

**Combo NRT includes patch/gum or patch/lozenge.*

HAWAII TOBACCO QUITLINE
1-800 QUIT-NOW
 HawaiiQuitline.org | 1-800-784-8669