

# TAKE THESE **THREE STEPS** TO HELP YOUR PATIENTS BECOME **TOBACCO FREE!**



## **ASK**

Ask every patient about tobacco use at every visit.



## **ADVISE**

Advise every tobacco user to quit with a clear, strong personalized message about the benefits of quitting.



## **REFER**

Refer patients who are ready or considering quitting to the **Hawai'i Tobacco Quitline (HTQL)**.

## **HOW TO REFER:**

1. Visit [hawaiiquitline.org](http://hawaiiquitline.org), click on "**Health Care Provider**" in the upper right-hand corner.
2. Click "**How to Refer Patients**".
  - Submit the "**Provider Web Referral**" directly online for patients without nicotine replacement therapy (NRT) contraindications,  
OR
  - Print, complete, and fax the "**Fax Referral**" form to **1-800-261-6259** for any patient, regardless of NRT contraindications.

**Both referral methods are confidential and secure.**

3. The **Hawai'i Tobacco Quitline** will contact your patient within 24 hours.

## **WHY REFER?**

### **Free Counseling and Nicotine Replacement Therapy**

Coaching and NRT combined gives your patient the best chance of quitting.

### **It Works!**

In 2020, HTQL participants exceeded the national goal of 30%, with 37% successfully quitting tobacco use for 30 days at seven-month follow-up.

### **Patient Updates**

As a HIPAA-compliant provider, you will be notified if your patient enrolled in a program, declined services, completed a program, if NRT was shipped, or was unreachable.